

THE EFFECTIVENESS OF MODERN PEDAGOGICAL METHODS IN
TEACHING ENGLISH**Ergashev Suxrob Faxriddin o'g'li***English teacher**School No. 6 (Specialized State School)**Bahmal District, Jizzakh Region*

Abstract: *This article examines the effectiveness of modern pedagogical methods in teaching English. Particular attention is paid to interactive methods, communicative approaches, the use of information and communication technologies, project-based learning, and student-centered education. The study demonstrates that these methods increase students' interest in language learning, develop independent thinking, and improve both speaking and writing skills. It is also emphasized that modern pedagogical approaches serve as an important factor in enhancing the quality of education and the overall effectiveness of the teaching process.*

Keywords: *English language, modern pedagogical methods, interactive learning, communicative approach, teaching effectiveness, student engagement, innovative technologies.*

Annotatsiya: *Ushbu maqolada ingliz tilini o'qitishda qo'llanilayotgan zamonaviy pedagogik metodlarning samaradorligi tahlil qilinadi. Xususan, interfaol metodlar, kommunikativ yondashuv, axborot-kommunikatsiya texnologiyalaridan foydalanish, loyiha asosida o'qitish hamda o'quvchi markazli ta'limning afzalliklari yoritiladi. Tadqiqot davomida mazkur metodlarning o'quvchilarning til o'rganishga bo'lgan qiziqishini oshirishi, mustaqil fikrlashini rivojlantirishi, og'zaki va yozma nutq ko'nikmalarini takomillashtirishi asoslab beriladi. Shuningdek, zamonaviy pedagogik yondashuvlar ta'lim sifati va dars samaradorligini oshirishning muhim omili ekanligi ko'rsatib o'tiladi.*

Kalit so'zlar: *ingliz tili, zamonaviy pedagogik metodlar, interfaol ta'lim, kommunikativ yondashuv, ta'lim samaradorligi, o'quvchi faolligi, innovatsion texnologiyalar.*

Аннотация: *В данной статье анализируется эффективность современных педагогических методов в обучении английскому языку. Особое внимание уделяется интерактивным методам, коммуникативному подходу, использованию информационно-коммуникационных технологий, проектному обучению и личностно-ориентированному образованию. В ходе исследования обосновывается, что данные методы способствуют повышению интереса учащихся к изучению языка, развитию самостоятельного мышления, а также совершенствованию устной и письменной речи. Также подчеркивается, что современные педагогические подходы являются важным фактором повышения качества образования и эффективности учебного процесса.*

Ключевые слова: *английский язык, современные педагогические методы, интерактивное обучение, коммуникативный подход, эффективность обучения, активность учащихся, инновационные технологии.*

Introduction

In recent years, the teaching of English has undergone significant transformation due to the rapid development of educational technologies, globalization, and the growing demand for foreign language proficiency. English has become one of the most important means of international communication in education, science, business, and culture. As a result, improving the quality of English language teaching has become one of the major priorities in modern education systems.

Traditional methods of teaching English, which mainly focused on grammar rules, translation, and memorization, are gradually being replaced by more flexible, interactive, and learner-centered approaches. Modern pedagogical methods aim not only to develop students' linguistic knowledge but also to improve their communicative competence, critical thinking, creativity, collaboration, and independent learning skills. These approaches encourage active participation, increase motivation, and create a more engaging classroom environment.

Today, the effectiveness of English language teaching depends largely on the teacher's ability to select and apply appropriate pedagogical methods according to learners' needs, interests, and proficiency levels. Methods such as communicative language teaching, task-based learning, project-based learning, cooperative learning, and the integration of digital technologies have shown promising results in improving students' language performance. These methods provide learners with opportunities to use English in meaningful contexts and develop practical language skills rather than only theoretical knowledge.

The relevance of this topic lies in the fact that modern pedagogical methods are becoming increasingly important in ensuring the quality and effectiveness of English language education. In many classrooms, especially in the context of educational reforms and innovation, there is a growing need to explore how these methods influence students' learning outcomes and classroom participation. Therefore, studying the effectiveness of modern pedagogical methods in teaching English is both scientifically and practically significant.

The purpose of this article is to examine the role and effectiveness of modern pedagogical methods in teaching English and to identify their impact on students' motivation, participation, and language development. The article also seeks to highlight the advantages of innovative teaching strategies in comparison with traditional approaches.

Main Part

Modern education requires the use of pedagogical methods that correspond to the needs of contemporary learners and the demands of a rapidly changing world. In teaching English, the shift from traditional teacher-centered instruction to more dynamic and learner-centered approaches has significantly influenced the quality of the educational process. Modern pedagogical methods are aimed not only at transmitting knowledge but also at developing students' communicative competence, creativity, critical thinking, collaboration, and independence. Their effectiveness can be observed in students' increased motivation, active classroom participation, and improved language performance.

One of the most effective modern approaches in teaching English is the communicative method. This method focuses on the practical use of language in real-life situations rather than on the memorization of isolated grammatical rules. The communicative approach encourages students to speak, listen, interact, and respond in meaningful contexts. Through

dialogues, role plays, pair work, and group discussions, learners develop their ability to express ideas clearly and confidently. This method is especially important because the ultimate goal of learning a foreign language is communication. When students are placed in communicative situations, they become more active, less afraid of making mistakes, and more interested in using English as a tool for interaction.

Another widely used modern method is interactive learning. Interactive methods create a cooperative classroom environment in which students actively participate in the learning process. Instead of passively listening to the teacher, learners engage in brainstorming, debates, problem-solving tasks, educational games, and collaborative activities. Such methods increase students' cognitive activity and make lessons more engaging and memorable. In English classes, interactive activities help learners practice vocabulary, grammar, speaking, and listening in a natural and enjoyable way. Moreover, interaction strengthens students' confidence and helps them develop social and communicative skills together with language competence.

The student-centered approach also plays a crucial role in modern English language teaching. In this model, the learner becomes the central figure of the educational process, while the teacher acts as a guide, facilitator, and organizer. This approach takes into account students' individual abilities, interests, needs, and learning styles. As a result, teaching becomes more flexible and personalized. Student-centered learning supports autonomy and responsibility, as learners are encouraged to think independently, make decisions, and reflect on their own progress. In English lessons, this may include project work, presentations, self-assessment, peer evaluation, and independent research tasks. The effectiveness of this approach lies in the fact that students feel more involved in their own learning and become more motivated to achieve better results.

A particularly effective modern strategy is task-based learning. This method is based on the use of meaningful tasks that require students to use English for a practical purpose. Instead of focusing first on grammar explanations, learners are given tasks such as solving a problem, preparing a presentation, writing a letter, or discussing a real-life situation. Language is acquired naturally through the completion of these tasks. Task-based learning creates conditions similar to real communication and helps students understand how language functions in authentic situations. It also develops fluency, problem-solving ability, and critical thinking. This method is highly valuable because it connects classroom learning with real-world language use.

In recent years, the use of digital technologies has become an essential part of modern English teaching. Information and communication technologies provide teachers with new opportunities to make lessons more visual, flexible, and interactive. Multimedia presentations, online platforms, educational applications, virtual classrooms, and video materials allow students to access authentic language input and participate in various forms of digital learning. Technologies such as interactive quizzes, language learning applications, and online communication tools help students practice English beyond the classroom. They also support differentiated instruction, as learners can work at their own pace and according to their level. The integration of technology increases motivation, creates a modern learning environment, and improves the accessibility and efficiency of English language education.

Project-based learning is another method that demonstrates high effectiveness in teaching English. This approach involves students in long-term activities that require planning, research, cooperation, and presentation of results. While working on projects, learners use English as a means of finding information, discussing ideas, preparing materials, and presenting their final product. Such activities develop not only language skills but also creativity, independence, responsibility, and teamwork. Project-based learning is especially effective because it combines language learning with meaningful intellectual activity. Students do not simply learn English; they use it to achieve a specific goal, which makes the learning process more purposeful and motivating.

The effectiveness of modern pedagogical methods can also be seen in their positive influence on students' motivation. Motivation is one of the most important factors in successful language learning. Traditional monotonous lessons often reduce learners' interest, especially when they are limited to textbook exercises and mechanical repetition. In contrast, modern methods make lessons more varied, interactive, and relevant to students' lives. When learners are engaged in discussions, digital activities, games, projects, and communicative tasks, they are more likely to participate actively and develop a positive attitude toward English. Increased motivation leads to better concentration, greater effort, and stronger learning outcomes.

At the same time, the successful implementation of modern pedagogical methods depends on several important conditions. First, teachers must possess not only language knowledge but also methodological competence and creativity. They should be able to choose appropriate strategies, manage classroom interaction, and adapt materials to students' needs. Second, the educational environment should support innovation by providing access to teaching resources and technological tools. Third, the use of modern methods should be systematic and purposeful. Their effectiveness is highest when they are combined thoughtfully and applied in accordance with lesson objectives and learners' proficiency levels.

Despite their many advantages, modern pedagogical methods may also present certain challenges. Some teachers may find it difficult to move away from traditional teaching habits. In some educational contexts, limited technological resources, large class sizes, or insufficient teacher training can reduce the effectiveness of innovative methods. However, these difficulties do not diminish the value of modern approaches; rather, they show the need for professional development, institutional support, and gradual methodological improvement.

Overall, modern pedagogical methods have a significant positive impact on teaching English. They transform the classroom into an active learning environment where students do not merely receive knowledge but actively construct it through communication, cooperation, and practical application. These methods make English learning more meaningful, engaging, and effective, and they prepare learners to use the language confidently in academic, social, and professional contexts.

Recent research indicates that modern pedagogical methods differ in their relative effectiveness in English language teaching. A large meta-analysis of 90 meta-analyses, covering 3,496 studies, 7,870 effect sizes, and 643,749 learners, found that language learning strategies were the most effective broad category, with a comparative effectiveness level of 47%. This was followed by technology-based language learning at 46%, explicit instruction at 42%, and

mobile-based language learning at 34%. Overall, these findings show that strategy-based and technology-supported approaches produce stronger results than mobile learning used alone.

For English teachers, the findings are especially useful because they show which methods work best for specific language skills. Language learning strategies were most effective for speaking, where the reported effect size reached $d = 0.90$. This suggests that methods such as pair work, discussion, guided speaking tasks, self-monitoring, and learner strategies are highly useful for improving students' oral communication.

Technology-based language learning showed its strongest result in vocabulary development, with an effect size of $d = 0.98$. This means that digital quizzes, multimedia materials, online exercises, educational videos, and interactive platforms can be especially effective when the teacher's goal is to expand students' vocabulary and make lessons more engaging.

Explicit instruction proved to be the most effective method for grammar teaching, with the highest reported effect size of $d = 1.26$. This confirms that direct explanation of grammar rules, model sentences, guided practice, and corrective feedback remain highly important in English lessons, especially when grammatical accuracy is the main objective.

Mobile-based language learning had the lowest overall comparative effectiveness among the four major categories, at 34%, but it showed its best result in listening, with $d = 0.73$. This suggests that mobile applications, short listening tasks, audio-based homework, and smartphone-supported practice are useful mainly as supportive tools, especially for listening development outside the classroom.

The same meta-analysis also showed that, across all modern methods, the strongest overall gains were found in grammar ($d = 1.24$), followed by vocabulary ($d = 0.87$) and speaking ($d = 0.77$). By comparison, the effects were smaller for writing ($d = 0.54$) and reading ($d = 0.46$). These results indicate that modern pedagogical methods are especially successful when they are used to strengthen grammar, vocabulary, and oral communication.

Additional research supports the value of other modern classroom approaches. A later technical re-analysis of Task-Based Language Teaching (TBLT) reported a moderate positive effect on second-language achievement ($g = 0.61$), which supports the use of meaningful classroom tasks, real-life communication, and problem-solving activities in English teaching. In addition, a 2024 meta-analysis on Project-Based Learning (PjBL) in EFL/ESL writing found a significant positive effect, suggesting that projects, presentations, and practical written tasks can improve students' writing performance.

Overall, the statistical evidence suggests that the most effective methods for English teachers are those that combine learning strategies, technology integration, explicit teaching, and practical communicative tasks. In classroom practice, this means that strategy-based methods are most effective for speaking, technology-based methods for vocabulary, explicit instruction for grammar, and mobile learning for listening support. Therefore, the use of modern pedagogical methods can significantly improve the quality and effectiveness of English language teaching.

Conclusion

In conclusion, modern pedagogical methods play a highly important role in improving the quality of English language teaching. Unlike traditional methods, which are mainly

focused on memorization and teacher-centered instruction, modern approaches create a more active, interactive, and learner-centered educational environment. The analysis of current teaching practices and statistical data shows that such methods as language learning strategies, technology-based learning, explicit instruction, task-based learning, and project-based learning have a positive influence on students' language development.

The findings also demonstrate that different methods are effective for different language skills. Strategy-based activities are especially useful for developing speaking skills, technology-based methods support vocabulary acquisition, and explicit instruction remains highly effective for grammar teaching. At the same time, mobile learning and project work help expand learning beyond the classroom and encourage greater student independence. These results prove that modern pedagogical methods not only improve academic achievement but also increase learners' motivation, confidence, classroom participation, and practical use of English.

Therefore, the effectiveness of modern pedagogical methods in teaching English can be clearly seen in their ability to combine knowledge, communication, creativity, and active participation. Their proper use allows teachers to make English lessons more meaningful, engaging, and productive for school learners.

Recommendations

Based on the analysis, several practical recommendations can be made for improving the effectiveness of English language teaching.

First, English teachers should use a variety of modern pedagogical methods in order to meet students' different learning needs and interests. It is important not to rely on only one teaching style, but to combine communicative, interactive, and technology-supported approaches.

Second, greater attention should be given to strategy-based and communicative activities, since these methods are especially effective in improving speaking skills and student participation. Pair work, group discussions, role plays, and problem-solving tasks should be used regularly in English lessons.

Third, technology-based learning should be integrated into classroom practice more actively. Digital tools, online exercises, multimedia resources, and educational platforms can make lessons more interesting and help students improve vocabulary and comprehension.

Fourth, explicit instruction should continue to be applied, especially in grammar teaching. Clear explanations, guided practice, and corrective feedback remain essential for helping students achieve grammatical accuracy.

Fifth, teachers should pay special attention to speaking and writing skills, because these areas often remain weaker than listening and reading. More classroom time should be devoted to oral interaction, short writing tasks, presentations, and project work.

Finally, schools should support teachers by providing access to digital resources, methodological training, and professional development opportunities. The effective use of modern pedagogical methods depends not only on the teacher's effort but also on the educational conditions created by the school.

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