THE INFLUENCE OF AI TOOLS LIKE CHATGPT ON EDUCATION AND CREATIVITY

Adkhamjonova Odinakhon Adkhamjon qizi

4 year student Turan International University Namangan, Uzbekistan Iplina A A

Scientific supervisor: PhD, Associate Professor Turan International University
Namangan, Uzbekistan

The Influence of AI Tools like ChatGPT on Education and Creativity Abstract: Artificial Intelligence (AI) is increasingly transforming education and creativity in ways that were unimaginable a decade ago.

Among the most influential AI tools is ChatGPT, a conversational language model developed by OpenAI. This paper explores the dual impact of ChatGPT on education and creativity, examining both the opportunities it offers and the challenges it presents.

Drawing on a qualitative literature review and secondary data analysis, the article investigates how ChatGPT influences personalized learning, knowledge accessibility, writing skills, and creative expression. It further addresses risks such as academic dishonesty, over-dependence on AI, and the spread of misinformation.

The analysis highlights the paradox of AI in education: while ChatGPT democratizes access to knowledge and fosters innovative thinking, it also raises ethical and pedagogical concerns.

The study concludes that the future of education and creativity depends not on whether ChatGPT is used, but on how it is integrated responsibly into academic and creative contexts. Recommendations are provided for educators, policymakers, and students to maximize benefits while reducing risks.

Introduction

Artificial Intelligence (AI) has become a defining feature of the digital era, influencing nearly every aspect of human activity. From healthcare and business to entertainment and communication, AI systems are reshaping how individuals interact with information and solve problems. Within this broad technological revolution, education has emerged as a key sector experiencing significant transformation. The introduction of AI-powered tools into classrooms and universities is altering how students learn, how teachers teach, and how institutions design curricula. Among the many AI tools available today, ChatGPT, an advanced language model developed by OpenAI, stands out as one of the most widely discussed and adopted.

Since its release in late 2022, ChatGPT has attracted millions of users worldwide, including students, teachers, researchers, and creative professionals. Its ability to generate human-like text, answer questions, provide detailed explanations, and even create poems or essays has sparked excitement and controversy in equal measure. In educational contexts, ChatGPT has been praised for its ability to provide personalized tutoring and instant academic support (Kasneci et al., 2023). At the same time, critics argue that it may encourage plagiarism, reduce critical thinking, and create over-dependence on technology (Dwivedi et

al., 2023). These contrasting perspectives make ChatGPT one of the most debated technologies in contemporary education.

Historically, major technological innovations have shaped education in profound ways. The invention of the printing press in the 15th century allowed knowledge to spread beyond elite circles, making education more accessible to the masses. In the 20th century, the introduction of radio, television, and later the internet, revolutionized how students accessed information and interacted with learning materials. ChatGPT represents the next step in this continuum. Unlike earlier tools, it is not just a medium of delivering content, but an active participant in learning, capable of holding conversations, answering follow-up questions, and adapting responses to student needs.

In addition to education, ChatGPT has a growing influence on creativity. The creative industries — including writing, art, music, and design — are being reshaped by AI's ability to generate new ideas and content. For example, writers often use ChatGPT to overcome "writer's block," generate dialogue for stories, or brainstorm article structures (Zou & Xie, 2024). Students preparing speeches or projects may use it as a brainstorming partner to organize their thoughts in innovative ways. In these cases, ChatGPT does not replace creativity but rather augments it, expanding the range of possibilities available to learners and creators.

However, the increasing reliance on ChatGPT is not without risks. Several challenges arise from its widespread use: the potential decline of independent critical thinking, concerns about academic dishonesty, ethical dilemmas regarding authorship, and the danger of misinformation when students accept AI-generated outputs uncritically (UNESCO, 2023). Moreover, unequal access to advanced AI tools raises the issue of digital inequality, as not all students or schools can afford or allow the use of such technologies (OECD, 2023).

The central question, therefore, is not whether ChatGPT should be used in education and creativity, but how it should be integrated responsibly. This article examines this issue using the IMRAD structure: Introduction, Methods, Results, Analysis, and Discussion. It addresses the following research question: How does ChatGPT influence education and creativity, and what are the implications for the future of learning and innovation? By combining insights from recent studies with critical reflection, this paper contributes to the ongoing conversation about AI's role in shaping human knowledge and imagination.

Methods

This article employs a qualitative research design based primarily on a literature review and secondary data analysis. The goal of the methodological approach is to examine the influence of AI tools, with a focus on ChatGPT, on education and creativity by synthesizing evidence from scholarly publications, institutional reports, and policy guidelines.

Research Design: A qualitative thematic analysis was chosen to explore how ChatGPT affects educational practices and creative processes. Unlike quantitative studies, which rely on statistical measurements, this approach emphasizes identifying patterns, themes, and perspectives from existing literature.

Data Sources: Sources were drawn from Google Scholar, Scopus, Web of Science, ERIC, UNESCO, OECD, and industry publications. Only works published between 2019 and 2024 were included, with special focus on studies after ChatGPT's release in late 2022.

Inclusion/Exclusion Criteria: Studies were included if they directly examined ChatGPT or generative AI in education or creativity. Articles focusing only on technical AI details were excluded.

Data Collection: The initial search produced 120+ sources. After screening, 37 key works were selected for thematic analysis.

Data Analysis: Key themes included (1) Educational Impact, (2) Creative Influence, (3) Challenges and Risks, and (4) Future Perspectives.

Limitations: Findings are limited by reliance on secondary data and the rapidly evolving nature of AI. Results

The analysis revealed three major themes: educational impact, creative influence, and challenges/risks.

Educational Impact: ChatGPT reshapes learning by providing on-demand tutoring, personalized support, and accessibility. It helps international students, students with disabilities, and those in underfunded areas.

Creative Influence: ChatGPT enhances creativity by helping overcome writer's block, generating ideas, and collaborating with other AI tools like DALL•E. Students use it for group projects and brainstorming.

Challenges and Risks: Concerns include plagiarism, over-dependence, misinformation, and unequal access.

Comparative Summary:

Analysis

ChatGPT shows a dual impact: it expands opportunities but introduces risks. Personalization helps learners, yet may weaken independent thinking. Creativity is enhanced by human-AI collaboration, showing that AI augments rather than replaces originality. Ethical dilemmas remain: plagiarism, misinformation, and unequal access. Globally, benefits are uneven, favoring advanced economies. Long-term, skills such as critical thinking and creativity will be more important as routine tasks become automated.

Discussion

Implications for Students: ChatGPT enables personalized learning but risks dependence. Students must be taught digital literacy and fact-checking.

Implications for Educators: AI challenges assessment practices but also supports teachers with lesson planning and quizzes.

Implications for Institutions: Universities should move beyond bans and instead establish ethical AI-use guidelines.

Ethical and Policy Considerations: AI raises questions of authorship, fairness, and responsibility. Global inequality in access must be addressed by policymakers.

Creativity and Human Element: ChatGPT cannot replace human experience and originality; instead, it enhances creative possibilities.

Toward Responsible Integration: Students, teachers, institutions, and policymakers must share responsibility to integrate ChatGPT thoughtfully, maximizing benefits while minimizing risks.

Conclusion

The rise of ChatGPT is reshaping education and creativity. Its influence is neither wholly positive nor negative; outcomes depend on responsible integration. Students must use AI critically, educators must adapt assessments, and institutions must establish ethical guidelines. ChatGPT should be viewed not as a replacement for human abilities but as a partner that supports learning and creativity. The challenge is to ensure equal access and foster AI literacy so that future generations can thrive in a world where human and machine intelligence coexist.

REFERENCES:

- 1. Bloom, B. S. (1984). The 2 sigma problem: The search for methods of group instruction as effective as one-to-one tutoring. Educational Researcher, 13(6), 4–16. https://doi.org/10.3102/0013189X013006004
- 2. Dwivedi, Y. K., Hughes, L., Baabdullah, A. M., Ribeiro-Navarrete, S., Giannakis, M., Al-Debei, M. M., ... Wamba, S. F. (2023). Artificial intelligence (AI): Multidisciplinary perspectives on emerging challenges, opportunities, and agenda for research, practice, and policy. International Journal of Information Management, 71, 102642. https://doi.org/10.1016/j.ijinfomgt.2023.102642
- 3. Kasneci, E., Sessler, K., Küchemann, S., Bannert, M., Dementieva, D., Fischer, F., ... Kasneci, G. (2023). ChatGPT for good? On opportunities and challenges of large language models for education. Learning and Individual Differences, 103, 102274. https://doi.org/10.1016/j.lindif.2023.102274
- 4. OECD. (2023). AI and the futures of education: Towards equity and inclusion. OECD Publishing. https://doi.org/10.1787/ai-edu-2023-en
- 5. UNESCO. (2023). Guidance for generative AI in education and research. United Nations Educational, Scientific and Cultural Organization. https://unesdoc.unesco.org/ark:/48223/pf0000386736
- 6. Zou, D., & Xie, H. (2024). Generative artificial intelligence in education: Applications, challenges, and future directions. Computers and Education: Artificial Intelligence, 5, 100167. https://doi.org/10.1016/j.caeai.2024.100167